

Lindens Super B Complex



Available in pack sizes of 45, 90, 360 & 1000 High potency B Vitamin tablets, contributing towards the reduction of tiredness and fatigue

Label info:

Food Supplement. Take one tablet each day with a little water. See reverse for further directions.

NUTRITIONAL INFORMATION:

Please see tablet on right.

INGREDIENTS:

Choline Bitartrate, Bulking agent (Microcrystalline Cellulose), Thiamin HCl, Inositol, Calcium Pantothenate, Riboflavin, Nicotinamide, Para Amino Benzoic Acid (PABA), Pyridoxine HCl, Anticaking Agents (Magnesium Stearate, Maltodextrin, Calcium Caseinate, Silica, Oat Bran Fibre), Glazing Agent (Polyvinylpyrrolidone), Lactobacillus Acidophilus Powder, Folic Acid Prep (Folacin, Maltodextrin), B12 Prep (Cyanocobalamin, Maltodextrin), Biotin Prep (D-Biotin, Maltodextrin), Glazing Agents (HPMC, Carnauba Wax)

PRODUCT INFORMATION		
per tablet		%NRV
Vitamin B1	91mg	8273
Vitamin B2	50mg	3571
Vitamin B3	50mg	312
Vitamin B6	41mg	2928
Folic Acid	50µg	25
Vitamin B12	5µg	200
Biotin	50µg	100
Vitamin B5	69mg	1150
Choline	75mg	-
Inositol	75mg	-
PABA	50mg	-
NRV = Nutrient Reference Value		

Packaging: packed into our brand new matte pouches, which are still letterbox friendly and foil-fresh sealed for both convenience and freshness, but stronger and more durable.